

Drink of the week: Fruit tea

17.3.2025 – 21.3.2025 Classic WEEK 12/2025

### Monday

**Breakfast:**

120g Vanilla yoghurt 7 with almonds 8 and cornflakes

50g Apple

**Lunch:** 200ml Creamy white bean soup with roasted carrot and thyme 7

210g (110g/100g) Pumpkin stew with steamed dumpling 1, 3

**Snack:** 100g Graham pastry 1, cheese spread 7, bell pepper

### Tuesday

**Breakfast:**

120g Couscous porridge with strawberries and nuts 1, 7, 8

50g Banana

**Lunch:** 200ml Cauliflower soup with parsley and croutons 1, 7

225g (90g/110g/25g) Bolognese ragout with veal 9, spaghetti 1, Chinese cabbage salad with kohlrabi and colorful bell pepper 10

**Snack:** 75g Sourdough bread 1 with tzatziki spread with avocado 7

### Wednesday

**Breakfast:**

75g Sourdough bread 1, paprika butter 7, grated cheese 7

50g White radish

**Lunch:** 200ml Parsnip cream soup with honey and sunflower seeds 7

225g (90g/110g/25g) Turkey pieces with lecsó, boiled potatoes, cabbage salad with fennel

**Snack:** 75g Corn-kefir cake with apple 1, 3, 7

### Thursday

**Breakfast:**

120g Semolina pudding with raspberries and roasted almonds 1, 7, 8

50g Pear

**Lunch:** Red lentil soup with carrot and buckwheat

225g (90g/110g/25g) Chicken with garlic-cream sauce 7, herb couscous 1, cucumber salad with dill

**Snack:** 75g Graham pastry 1, pea-mint hummus 7, 11

### Friday

**Breakfast:**

75g Sourdough bread 1, roasted pepper spread with sun-dried tomatoes 7

50g Carrot

**Lunch:** 200ml Chicken broth with pasta and lovage 1, 9

225g (90g/110g/25g) Lentil ragout with root vegetables, mashed potatoes, leaf salad

**Snack:** 75g Poppy seed cake with plums and curd cheese

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ALLERGENS: 1-Cereals containing gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10- Mustard, 11 - Sesame seeds, 12-Sulphur dioxide and sulphites, 13-Lupin, 14-Molluscs, P- Potato

NOTE: Menu changes reserved. No genetically modified food is used in the preparation of meals